

**NCFC 2024**  
**OVERVIEW OF CURRICULUM**

**SEMINARS**

- Sunday: Growth Mindset vs. Performance Anxiety; Enabling humility, musicianship, and hard work to circumvent nerves, *with Karen Van Dyke*
- Monday: Show and Tell: Gary Unlocks his Rare Flutes Collection, *with Gary Woodward*
- Tuesday: Transcending Crayola: Tone Color in Flute Playing, *with Marley Eder*
- Wednesday: Communicating Effectively with an Audience: The Pedagogy of William Kincaid, *with John Thorne*
- Thursday: Building Virtuosity – A Step by Step Approach, *with Aaron Goldman*
- Saturday: Flute Eras Tour - Listen to and learn performance practices of standard flute repertoire through different musical eras, *with Tomiko Tsai*

**ELECTIVES**

**The Vibrato Gym** Shake things up at the vibrato gym! Learn a work-out for the vibrato muscle that will allow you to take full command of your vibrato.

**Mastering Catch Breaths** This class will offer pointers and solutions to one of the greatest challenges of any wind player: where and how to breathe when there is nowhere to breathe! We will examine how to physically grab more air in very little time (meet the “Reptile Breath!”), as well as where to sneak a breath without disturbing the rhythm or phrasing.

**Favorite Exercises** Learn some efficient and fun ways to practice tone, intonation, dynamic range, breathing, and more.

**Beyond the Tongue** - Practice tips for cleaner and faster articulation! Bring your flute (and your tongue) as we deconstruct what it means to articulate. We'll use a simple exercise to examine of the entire process systematically - from attack through release - to give you a better understanding of what your body is doing when you tongue.

**What is Color?** Using harmonics to expand your tonal palette. Wondering how to get those pesky pianissimos softer and fortissimos louder? Wishing you could make your sound yellowish, greenish, bluish, purplish, or maybe all of them at the same time? In this class, we will learn some daily harmonic practice techniques that can open a world of expressive possibilities while also stabilizing your pitch.

**Flute Care and Maintenance** A mini-clinic to educate you on the ins and outs of routine care, dos and don'ts, and an introduction to basic flute repair.

**The “Trill” Is Back!** A class on ornamentation that will cover technique, fingerings, trill “etiquette” and basically how and when to wiggle your fingers really fast.

**Taming the (shrieking bane of many an ensemble) Piccolo**

Do you get filled with abject terror when placement audition results assign you to piccolo? If so don't be embarrassed, playing piccolo in front of others is an exercise in bravery. We will discuss the differences in approach, how to develop a rich sound, and troubleshoot the common issues newcomers to the instrument encounter in ensembles. Ease bring a piccolo if you want to troubleshoot or get quick feedback!

**Extended Techniques** Ever wanted to befuddle your friends or terrify your neighbors with some of the crazy, non-traditional sounds we can produce on our lovely instrument? Welcome to the bizarre menagerie that is extended techniques on the flute. Skills like flutter tonguing, singing and playing, multiphonics, and a host of other oddities are a necessary component of exploring some of the more adventurous works of the past century, so come one and come all to make some wonky noises!